

Kate Senack

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EXPERIENCE

Kindergarten Teacher

Pine Spring Elementary School

August 2025 - Present, Falls Church, VA

- Design and implement engaging, developmentally appropriate, and standards-aligned lessons in literacy, math, social studies, science, and health.
- Differentiate instruction for a diverse classroom of learners within a Title I setting, including multilingual learners (58%), students with IEPs, and students with specialized reading plans within MTSS.
- Partner with special education teachers, ESL teachers, counselors, and support personnel to ensure equitable access to instruction for all students within the classroom.
- Create and lead flexible small-group instruction and learning centers based on current formative assessment data, adjusting group composition and targeted skills to continually address students' evolving academic needs.

Graduate Teaching and Research Assistant

Missouri State University

January 2023 - December 2024, Springfield, MO

- Lectured undergraduate classes, with technology integration, on social and emotional development in early childhood, followed by a summative assessment to track student knowledge and progress.
- Collaborated with department faculty to assist in data collection, analytics, and composed literature reviews covering topics including learning through play, children's development of social emotional competence, and workplace support for teachers.
- Assessed and graded student work while providing constructive and detailed feedback to maximize understanding and inform future instruction.

Pre-Kindergarten Lead Teacher

Bright Horizons Family Solutions Inc.

October 2014 - May 2015, Apex, NC

- Created engaging and instructional learning activities to meet Montessori-inspired curriculum focused on STEM, social-emotional learning, and literacy for a diverse classroom of 20 Pre-K students.
- Fostered a positive and supportive learning environment through building connection, trust, and caring relationships with students and families.
- Trained and mentored new Pre-K teachers in classroom procedures, lesson planning, communication with families, and use of technology within the classroom.

Pre-Kindergarten Teacher

Bright Horizons Family Solutions Inc.

October 2013 - October 2014, Apex, NC

- Implemented hands-on, play-based learning activities aligned with early childhood standards to foster academic and social development.
- Established a warm, predictable, and intentionally calm classroom environment using routines and procedures to promote emotional safety and academic risk taking.
- Practiced culturally sensitive communication with families during parent-teacher conferences to provide meaningful, proactive, and solution-focused feedback regarding student progress.

EDUCATION

Master of Science in Early Childhood and Family Development

Missouri State University • Springfield, MO • 2024 • 4.0

- Title of Thesis: Parents' Understanding of Children's Mental States: Emotion Regulation in Young Children and the Role of Mindful Parenting, Parental Reflective Functioning, and Parental Emotion Regulation

Bachelor of Science in Psychology

James Madison University • Harrisonburg, VA • 2013 • 3.6

- Dean's List (4 semesters), President's List (1 semester), Psi Chi Honor Society, cum laude

LICENSE AND ENDORSEMENTS

Local Eligibility License

Virginia Department of Education • 2025

- Early/Primary Education PreK-3

Postgraduate Professional License

Virginia Department of Education • Expected by June 2026

- Early/Primary Education PreK-3

PROFESSIONAL DEVELOPMENT

Enhanced Core Reading Instruction (ECRI)

Fairfax County, VA • 2025 & 2026 • Phonics, Vocabulary, and Comprehension

- Strengthened phonics instructional practices in phonemic awareness, sound blending, word reading, reading fluency, decodable text instruction, and teaching high-frequency words consistent with ECRI routines and procedures.
- Learned predictable and systematic routines specific for vocabulary and comprehension instructional practices to help at-risk students build vocabulary, and gain reading skills in understanding the meaning and details of narrative and informational texts.

AWARDS

Outstanding Graduate Assistant Nominee

Missouri State University • 2024

- This award recognizes one graduate student who has proven to be capable of taking on responsibilities beyond the job requirements. Nominated for my work as the co-chair of the Early Childhood and Family Development Student Advisory Group in co-creating and co-leading an online, community-based support group for current and future graduate students.

Rising Star Award

Bright Horizons Family Solutions Inc. • 2014

- This award recognizes teachers that are enthusiastic, open-minded, and take initiative to make extraordinary contributions to their team as they develop and grow within the early childhood education center.

SKILLS

Google Workspace, Schoology, Synergy SIS, Microsoft Office, Canva